

**SUMMARY of the Decision of the Inquiries, Complaints and Reports Committee  
(the Committee)**  
(Information is available about the complaints process [here](#) and about the Committee [here](#))

**Dr. Mahmud Kara (CPSO #59474)  
(the Respondent)**

## **INTRODUCTION**

The Complainant first attended at the Respondent's clinic in November 2018 and expressed interest in breast augmentation and liposuction. Based on her body mass index (BMI), she was advised to lose weight before surgery. In December 2019, the Respondent carried out a breast augmentation and panniculectomy procedure on the Complainant. The Complainant was unsatisfied with the results and a revision surgery was scheduled for August 2021.

The Respondent took a leave of absence and then subsequently closed his practices in the summer of 2021 and the revision surgery did not occur.

## **COMPLAINANT'S CONCERNS**

**The Complainant is concerned that the Respondent performed a breast augmentation in 2019, which she was not happy with and left her with left sided chest pain; she paid in full for a revision which was never performed, and she did not receive her promised refund.**

## **COMMITTEE'S DECISION**

The Committee considered this matter at its meeting of May 8, 2023. The Committee required the Respondent to appear before a Panel of the Committee to be cautioned with respect to:

1. His failure to abide by obligations and responsibilities regarding temporary absences or closing of a medical practice while ensuring continuity of patient care, including not communicating with patients and not following the College policy, *Closing a Medical Practice*.
2. His failure to appropriately triage patients to ensure they are suitable for planned office procedures, including reviewing medical conditions, such as a high BMI, which are contraindications for cosmetic surgery.

The Committee also decided to accept an undertaking that is now posted on the public register.

## COMMITTEE'S ANALYSIS

As part of this investigation, the Committee retained an independent Assessor who specializes in plastic surgery. The Assessor expressed the view that, contrary to the College's policy, *Closing a Medical Practice*, the Respondent did not have a proactive plan for his office's closure and did not take reasonable steps to ensure his patients' ongoing care. In this way, the abrupt closure of the Respondent's practice and his out-of-hospital facility did not meet the standard of care.

The Assessor also expressed the view that the Respondent displayed a lack of judgement when he booked this patient for elective aesthetic surgery in an out-of-hospital facility, given that she had multiple untreated medical conditions and underlying obesity. This clinical behaviour could expose a patient to significant harm or injury.

The Committee concurred with these views and decided to caution the Respondent regarding these aspects of his care and to accept the undertaking.