

**SUMMARY of the Decision of the Inquiries, Complaints and Reports Committee
(the Committee)**
(Information is available about the complaints process [here](#) and about the Committee [here](#))

Dr. Nidhi Jalota (CPSO #109538)
Family Medicine
(the Respondent)

INTRODUCTION

The Complainant contacted the College of Physicians and Surgeons of Ontario (the College) to express concerns about the Respondent's care and conduct, including that the Respondent treated the Complainant on multiple occasions while they were in a personal, intimate relationship.

COMMITTEE'S DECISION

The Committee considered this matter at its meeting of April 24, 2025. The Committee required the Respondent to appear before a Panel of the Committee to be cautioned with regard to maintaining boundaries with patients and not treating family members or others close to them.

The Committee also accepted an undertaking from the Respondent.

COMMITTEE'S ANALYSIS

The College's policy on *Boundary Violations* requires a physician to establish and maintain appropriate sexual and non-sexual boundaries with their patients. In addition, as detailed in the College's policy on *Physician Treatment of Self, Family Members or Others Close to Them*: Physicians **must** not treat family members or others close to them, except for a minor condition or in emergency situations, **and** when another qualified health care professional is not readily available.

Despite the clear provisions of College's policies, the Respondent showed a lack of judgement and failed to maintain appropriate boundaries by treating the Complainant (who was her partner) when another qualified health professional was readily available. The Committee also noted that the Respondent prescribed a cough syrup that included codeine, a controlled substance, which is also contrary to College policy. The Respondent acknowledges her error of judgement and is committed to maintaining professional boundaries in the future.

This is a summary of the Committee's decision as it relates to the Caution disposition.