

**SUMMARY of the Decision of the Inquiries, Complaints and Reports Committee  
(the Committee)**  
(Information is available about the complaints process [here](#) and about the Committee [here](#))

**Dr. Mahmud Kara (CPSO #59474)  
(the Respondent)**

## **INTRODUCTION**

The Respondent carried out breast implant removal surgery on the Complainant, followed by mastopexy with mesh insertion and liposuction. The Complainant developed a post-operative infection that necessitated further surgeries. In August 2020, the Respondent carried out liposuction with fat transfer to the breasts.

The Complainant was scheduled for a follow-up appointment to discuss her post-operative concerns with the Respondent, but the Respondent took a leave of absence from his practice in July 2021. He subsequently closed his plastic surgery clinics.

The Complainant contacted the College of Physicians and Surgeons of Ontario (the College) to express concerns about the Respondent's care and conduct.

## **COMPLAINANT'S CONCERNS**

**The Complainant is concerned about the care and conduct of the Respondent after she saw him for a breast lift in March 2019. Specifically, the Respondent:**

- **Inappropriately changed the Complainant's surgical plan for a breast lift immediately prior to the surgery and after she had received pre-operative medication**
- **Failed to inform the Complainant that she would have to pay for new implants when discussing the removal of her old implants before the breast lift surgery**
- **Failed to meet the standard of care in performing the January 2020 breast lift in that the Complainant developed an infection and required two additional surgeries**
- **Failed to respond to the Complainant after her breast lift in January 2020 when she contacted his office about post-operative pain, severe swelling and redness on her left side**
- **Failed to improve the Complainant's appearance with fat transfer surgery in March 2021, as he had promised**
- **Failed to respond to the Complainant after she attempted to contact him post-fat transfer**
- **Failed to provide the Complainant or her lawyer with her medical records, despite their multiple requests.**

## **COMMITTEE'S DECISION**

The Committee considered this matter at its meeting of August 8, 2023. The Committee required the Respondent to appear before a Panel of the Committee to be cautioned with respect to:

1. His failure to abide by the obligations and responsibilities regarding temporary absences or closing of a medical practice to ensure continuity of patient care, including communicating with patients and his failure to follow College policy, *Closing a Medical Practice*
2. His failure to document discussions with patients regarding consent to treatment, being sure to document the discussions of planned operative management, the risks and benefits of the planned procedure, as well as the goals and expectations.

The Committee also decided to accept an undertaking that is now posted on the public register.

## **COMMITTEE'S ANALYSIS**

As part of this investigation, the Committee retained an independent Assessor who specializes in plastic surgery. The Assessor opined that the Respondent did not display a lack of knowledge, skill or judgement in regard to the surgical procedures he carried out on the Complainant. The Committee decided to take no action on that aspect of the complaint.

The Committee took no action on the Complainant's concerns regarding post-operative follow-up.

### *Consent*

The Assessor opined that the Respondent failed to properly inform the Complainant of the costs of surgery with the staged approach and did not provide her with adequate time to deliberate the new surgical options and give informed consent. The Committee shared the Assessor's concerns about the Respondent's consent process and decided to caution the Respondent in this regard.

### *Closing the medical practice*

The Assessor expressed the view that, in failing to provide the Complainant with all of her post-operative appointments and failing to assist her in getting care elsewhere once he closed his practice, the Respondent's overall treatment of the Complainant did not meet the standard of care. The Committee concurred with this view and decided to caution the Respondent in regard to this aspect of his care and to accept the undertaking.