

## **SUMMARY of the Decision of the Inquiries, Complaints and Reports Committee (the Committee)**

(Information is available about the complaints process [here](#) and about the Committee [here](#))

### **Dr. Mathura Pandian Ravindran (CPSO 92043) (the Respondent)**

#### **INTRODUCTION**

The College received information raising concerns about the Respondent's breach of an undertaking that he signed in October 2018 which included a restriction against prescribing narcotics, controlled drugs, targeted substances, and monitored drugs. Subsequently, the Committee approved the Registrar's appointment of investigators to conduct a review of the Respondent's practice.

#### **COMMITTEE'S DECISION**

A General Panel of the Committee considered this matter at its meeting of May 6, 2020. The Committee required the Respondent to attend at the College to be cautioned in person with respect to his breach of his 2018 undertaking not to prescribe narcotics and other controlled drugs. The Committee also accepted an undertaking from the Respondent indicating that he would engage in professional education in ethics and boundaries.

#### **COMMITTEE'S ANALYSIS**

The material before the Committee indicated that there were two confirmed breaches by the Respondent of the prescribing restriction set out in his 2018 undertaking, which took place shortly after the undertaking took effect in January 2019.

The Respondent provided an explanation for his actions, advising that he found he had to remain in his practice longer than he expected and he was concerned about his patients going into withdrawal if they were unable to obtain their medications.

The Respondent acknowledged that it was his responsibility to fully and completely understand the terms of his 2018 Undertaking, by which he is bound, and that he should not have relied on statements from a pharmacist in deciding what was permissible.

The Respondent acknowledged that he made the intentional decision to breach the prescribing restriction in the 2018 undertaking by prescribing narcotics to one patient.

As a result of this investigation, the Committee had concerns about the Respondent's conduct in prescribing in breach of the restriction outlined in the 2018 undertaking. As such, the Committee directed the caution in person set out above.