

**SUMMARY of the Decision of the Inquiries, Complaints and Reports Committee
(the Committee)**
(Information is available about the complaints process [here](#) and about the Committee [here](#))

**Dr. Mahmud Kara (CPSO #59474)
(the Respondent)**

INTRODUCTION

In January 2019, the Patient contacted the Respondent's office to discuss several cosmetic concerns. The Patient's medical history included smoking and mental health diagnoses.

The Respondent conducted two procedures for the Patient: a brachioplasty (arm and back lift) in March 2019 and a mons pubis revision and thigh lift in August 2019.

The Patient contacted the College of Physicians and Surgeons of Ontario (the College) to express concerns about the Respondent's care and conduct.

COMMITTEE'S DECISION

A panel of the Committee considered this matter at its meeting of November 20, 2024. The Committee required the Respondent to appear before a Panel of the Committee to be cautioned with respect to his failure to carefully consider risk factors, including comorbidities such as mental health issues and a smoking history, when considering any surgical procedures offered to patients.

COMMITTEE'S ANALYSIS

As part of this investigation, the Committee retained an independent Assessor who specializes in plastic surgery. The Assessor opined that the Respondent showed a lack of knowledge and judgement by deciding to operate on the Patient due to her medical history, which increased rates of complication and patient dissatisfaction. The Assessor noted that the Respondent did not document whether realistic expectations were discussed with the Patient.

The Committee concurred with the Assessor's opinion. While the Respondent advised the Committee that he did consider the Patient's history and discussed expectations, there was inadequate documentation to support this. As such, the Committee determined that it was appropriate to caution the Respondent in person regarding this aspect of his care.

In coming to this disposition, the Committee considered that the Respondent's significant history of complaints with the College which also raised concerns about his

patient selection. The Committee was satisfied that in the circumstances, a caution in person for this matter would serve to protect the public interest.

This is a summary of the Committee's decision as it relates to the Caution disposition.